Jan EVENT & NIGHTCLUB Fitness





⇒ Trap Pilates

⇒ Trap Music

⇒ Trap Yoga/Buti Yoga



Tickets available online @ www.trappilates.com

Hours of Operation NightCLUB Fitness

Thurs: 9pm – Midnight Fri/Sat: 9pm – 2am

Events: Times/Day Vary Trainings are 8 hours

139 Ralph McGill Blvd.
SIDE ENTRY
Atlanta GA 30308

404-205-5661

info@alteregopilates.com

Regular Trap Event

Early Bird - \$15 Door Ticket - \$20

NightClub Fitness Entry Fee \$25

SuperBowl Parties

Early Bird - \$22 Door Ticket - \$28

Instructor Training

Early Bird - \$199 Week of Training - \$249

To Request or hold a SPECIAL or PRIVATE EVENT call us @ 404-205-5661

SOCIAL SUNDAYS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 New Years Eve PARTY 9PM-2AM	1 HAPPY NEW YEAR	2	3	PRIVATE EVENT	5
6 The Road to SUPERBOWL	7	8	9	10	11 BUTI YOGA PARTY 10PM-1AM	LIT DANCE FITNESS PARTY 10PM- 1AM
13	14	15	16	TRAP PILATES PARTY 10PM- 1AM	18	19 Instructor Training 12:30-8:30pm
PRIVATE TRAP INSTRUCTOR TAPING	PRIVATE TRAP INSTRUCTOR TAPING	22	23	24	25 PRIVATE EVENT	26 Silent Glow BUTI meets Pilates Party VARIOUS TIMES
27 SUPERBOWL DAY and NIGHT FITNESS PARTIES	SUPERBOWL DAY and NIGHT FITNESS PARTIES	SUPERBOWL DAY and NIGHT FITNESS PARTIES	30 SUPERBOWL DAY and NIGHT FITNESS PARTIES	31 SUPERBOWL DAY and NIGHT FITNESS PARTIES	SUPERBOWL DAY and NIGHT FITNESS PARTIES	SUPERBOWL DAY and NIGHT FITNESS PARTIES
3 SUPERBOWL WATCH PARTY	4	CHOOSE YOUR POISON Events/NIGHTCLUB FITNESS				